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# How can we determine what colours somebody can see?

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**Caffè-Scienza**  
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**THE COLT**  
**FOUNDATION**



Doctoral supervisors:  
Dr Marisa Rodriguez-Carmona  
Professor John Barbur

# Overview

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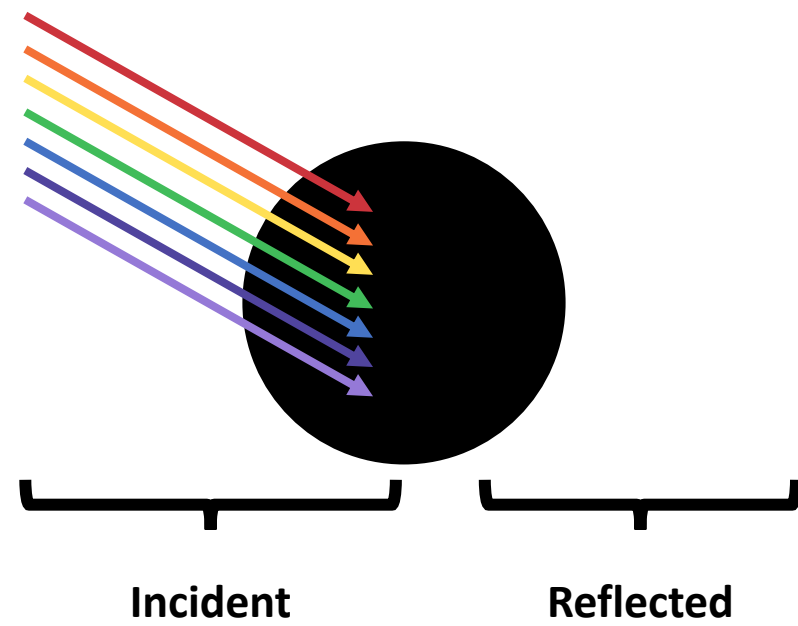
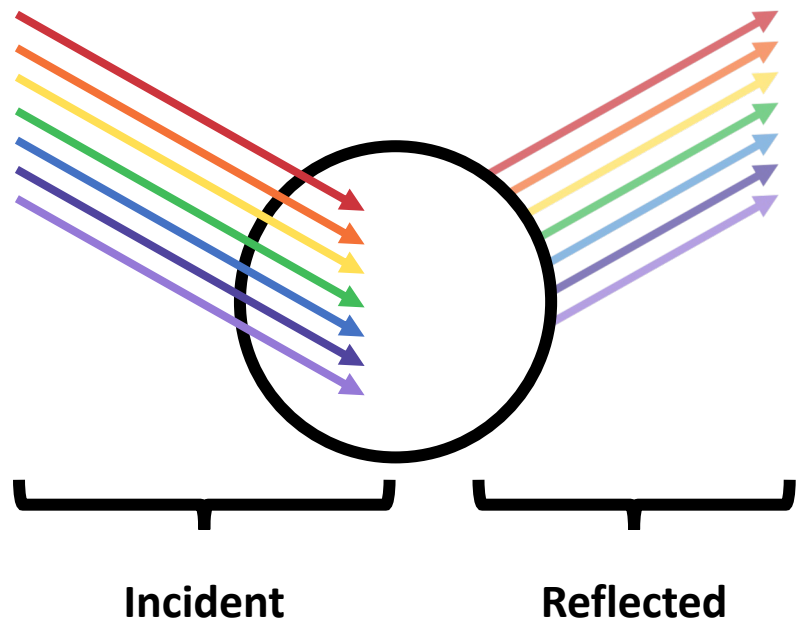
- **How do we see colour?**
- Why and when is a shared perception of colour is important?
- Anomalous human colour vision?
- How can we determine the colours somebody can see?

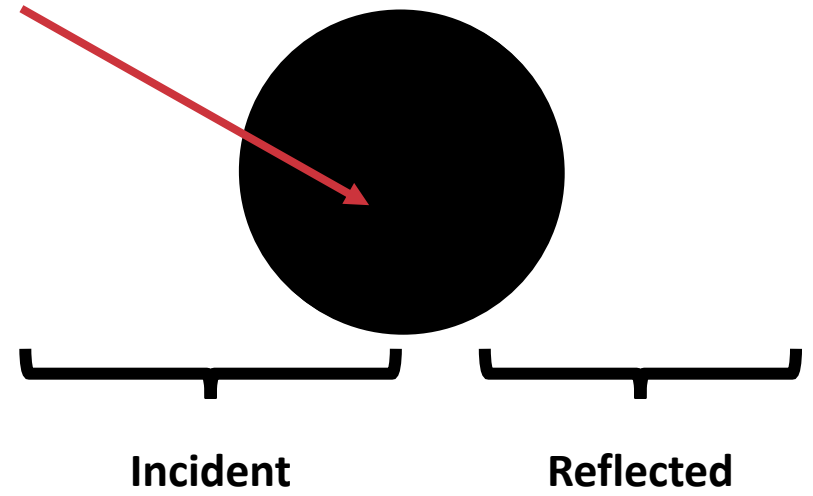
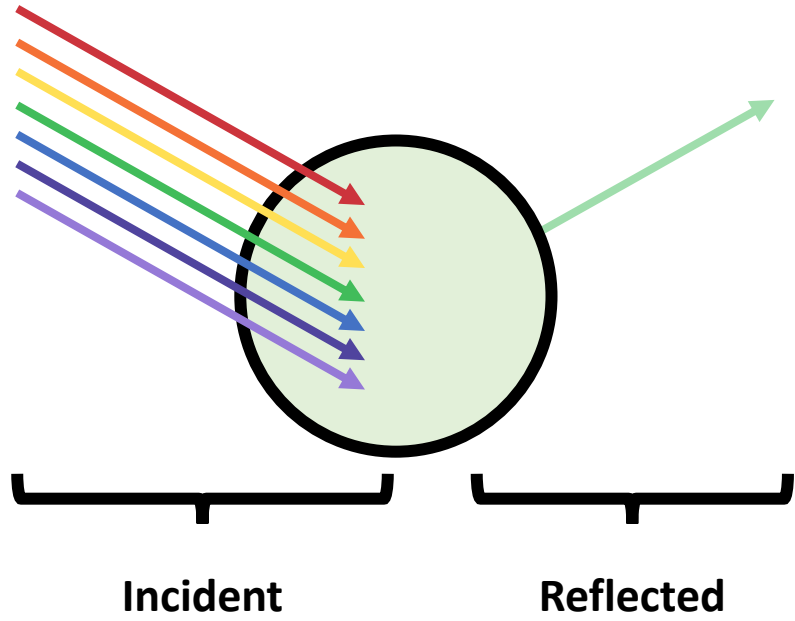
# Up front conclusions

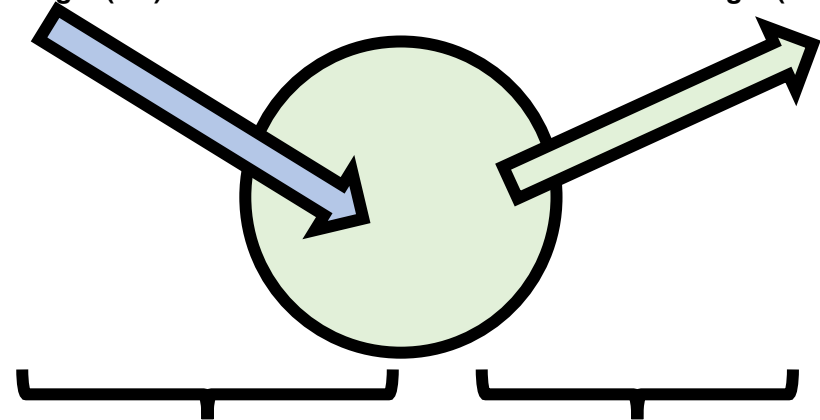
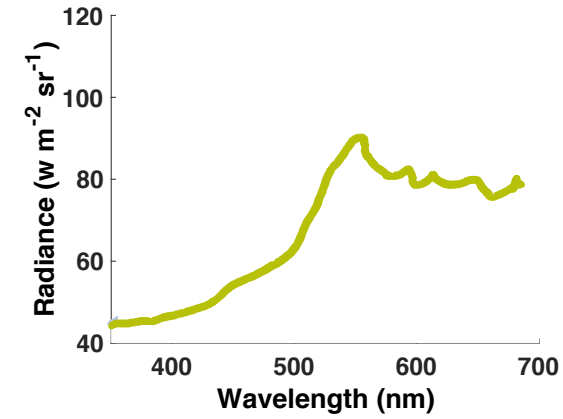
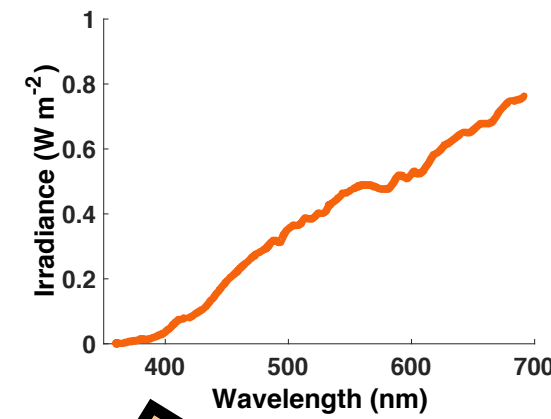
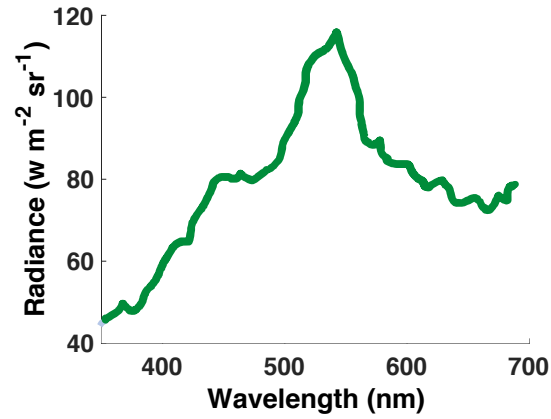
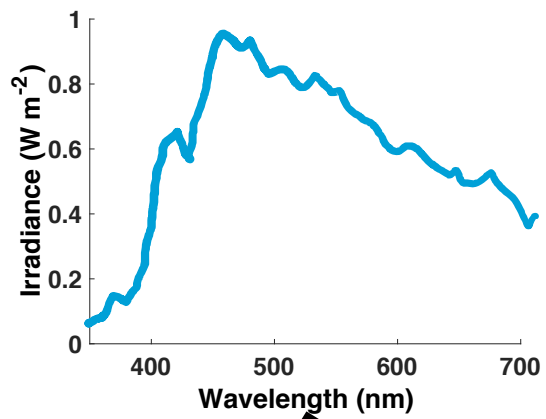
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- I. The ability see and perceive colour is a product of a large number of parallel processes that occur in harmony
- II. The use of colour signals can significantly enhance visual performance and, as such, it's very useful to know if an individual can make use of colour signals
- III. There are many methods that have been designed for assessing human colour vision – they vary significantly in efficacy and ease of use!

**Colour?**

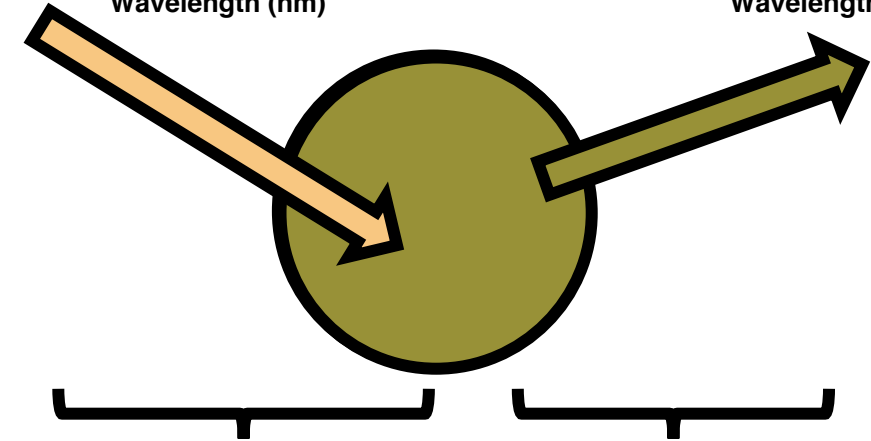






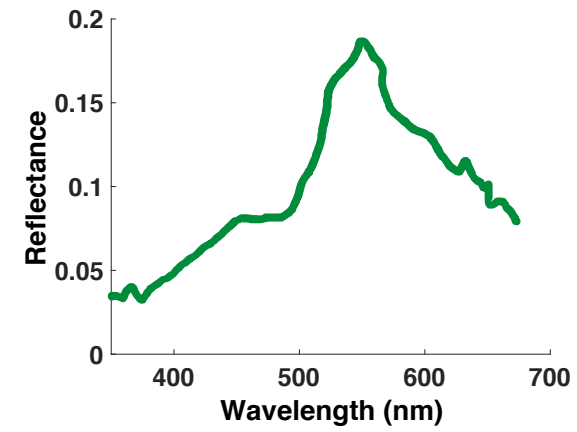
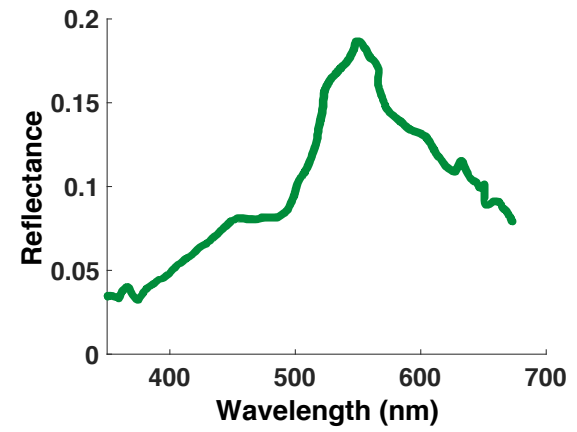
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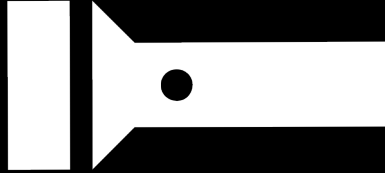
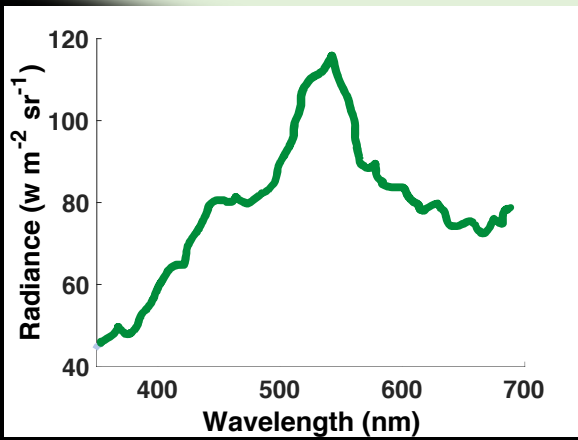
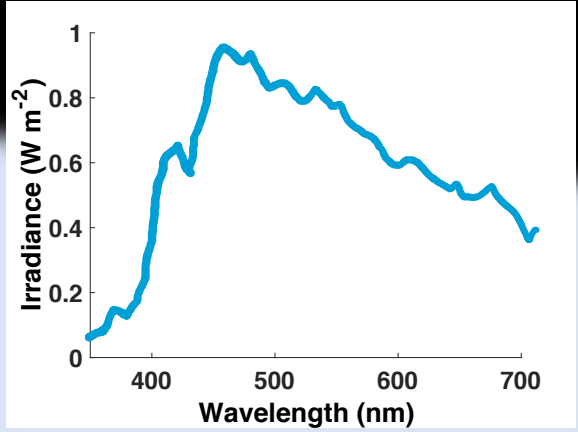
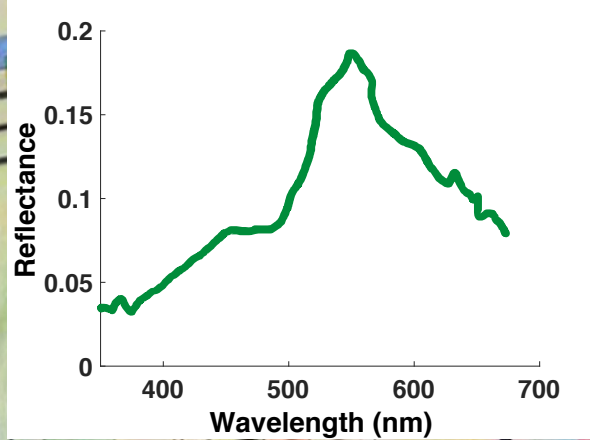
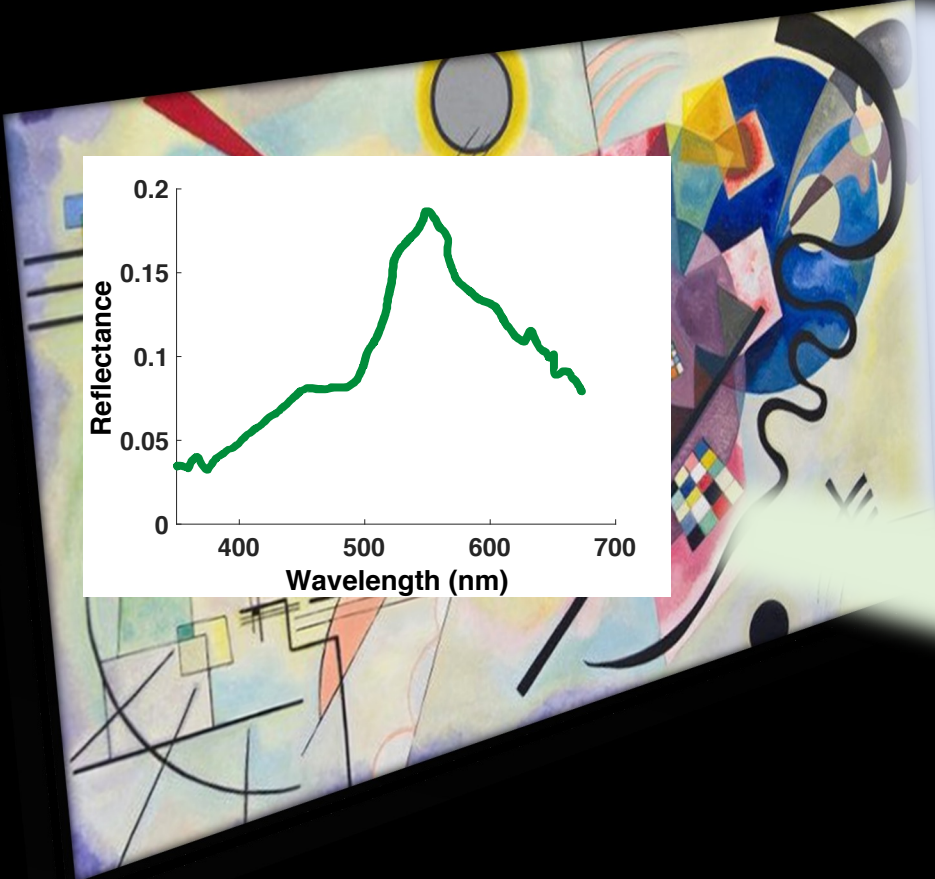
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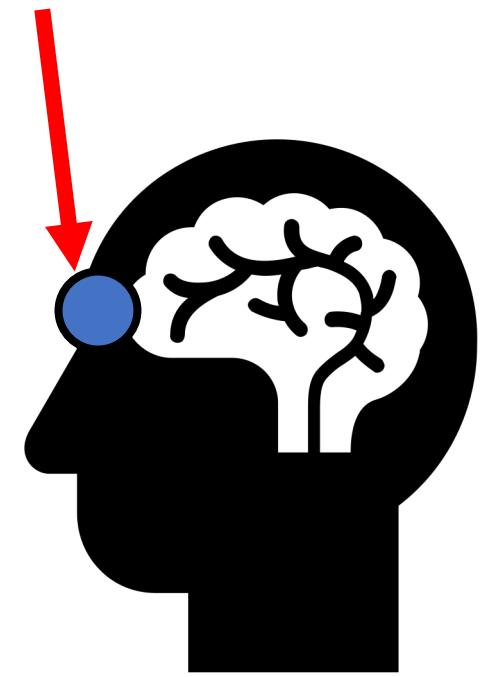
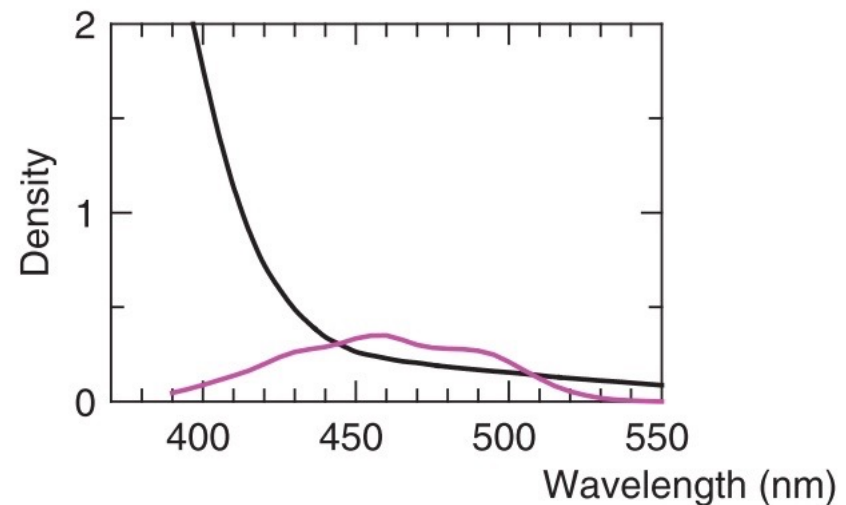
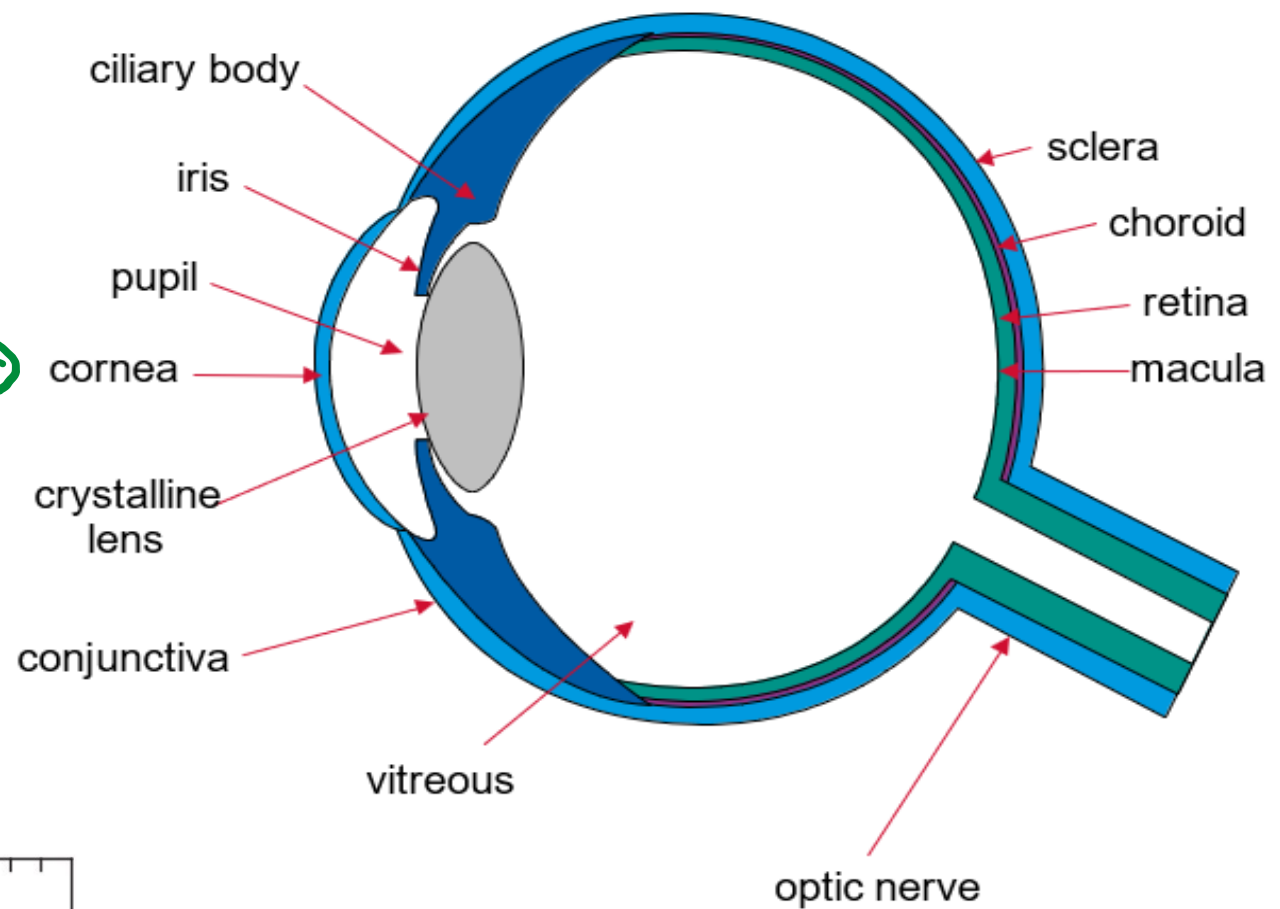
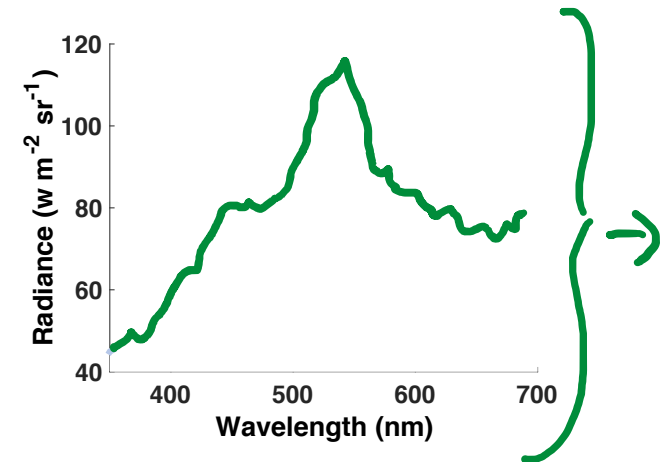
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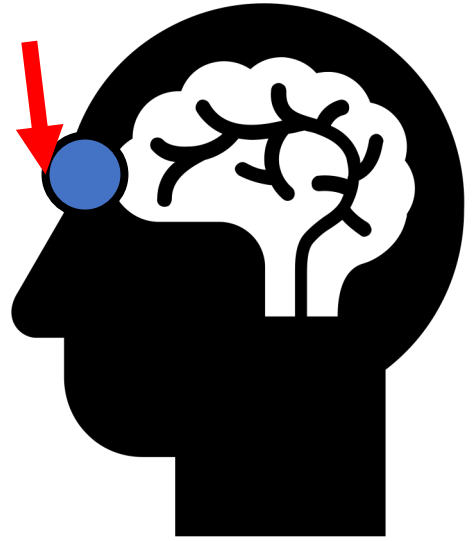
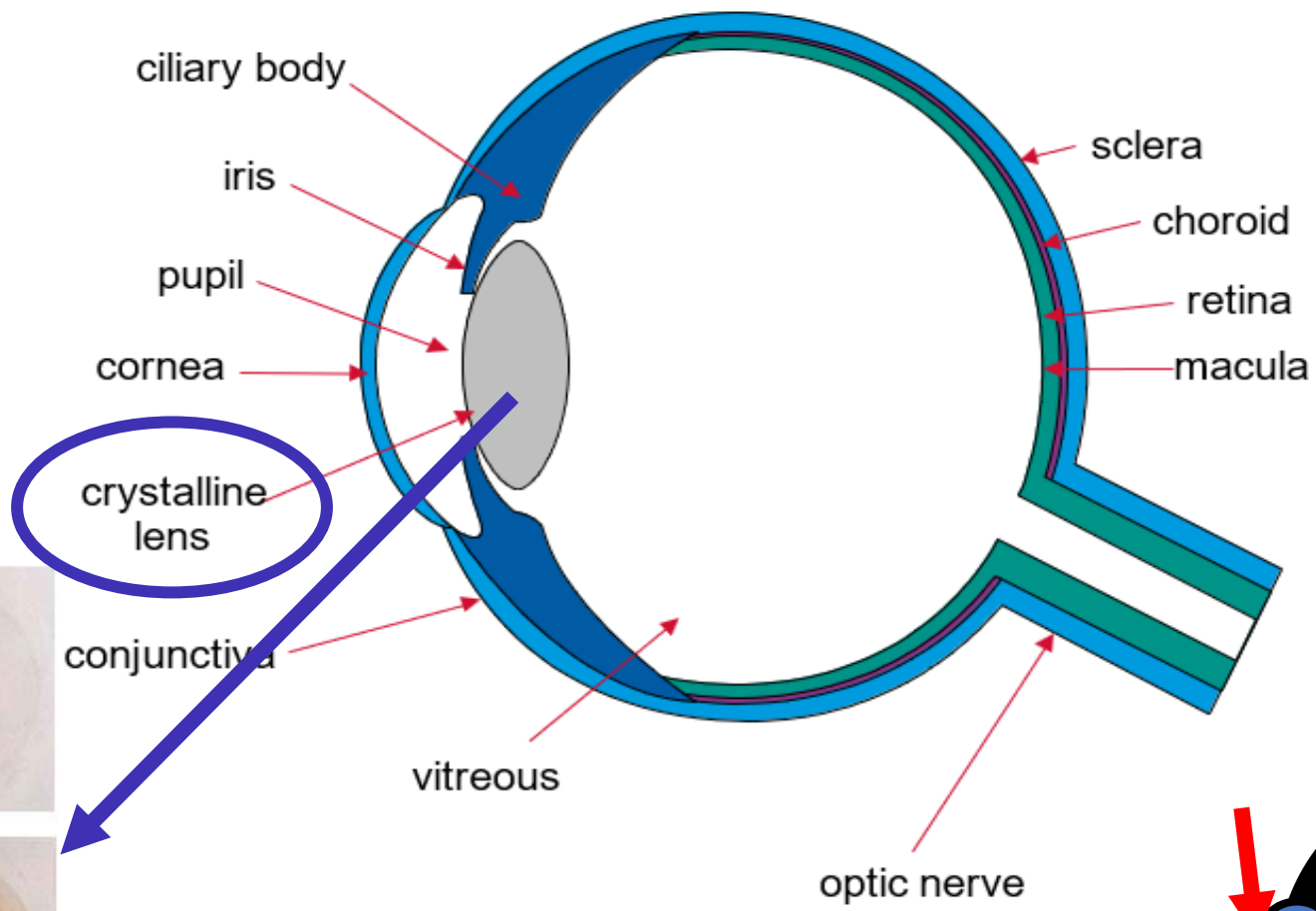
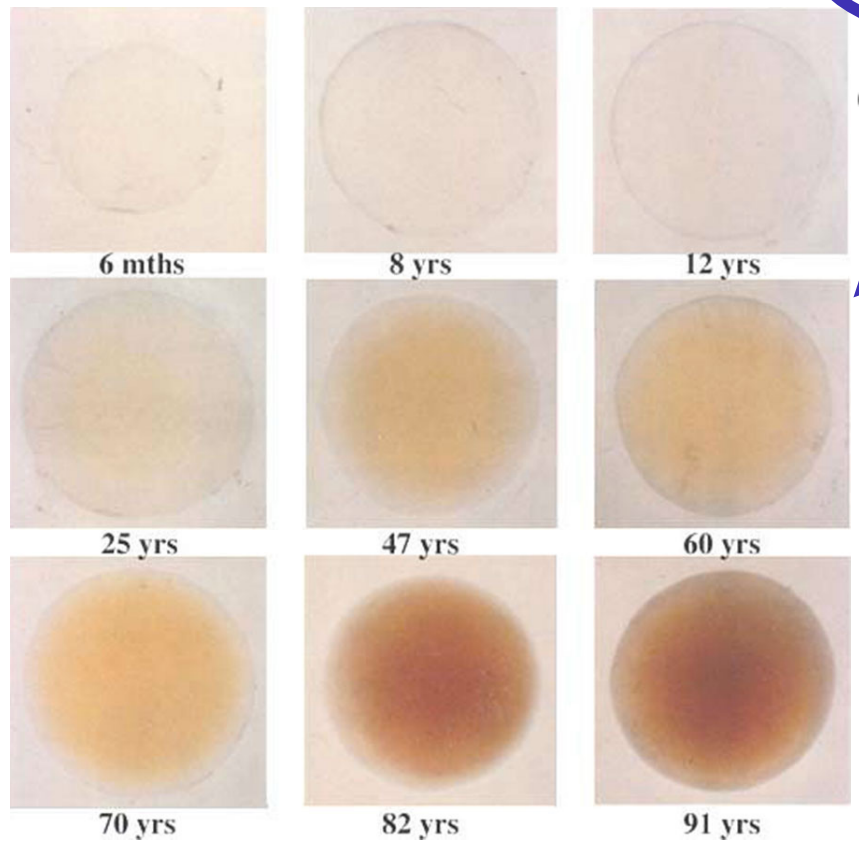




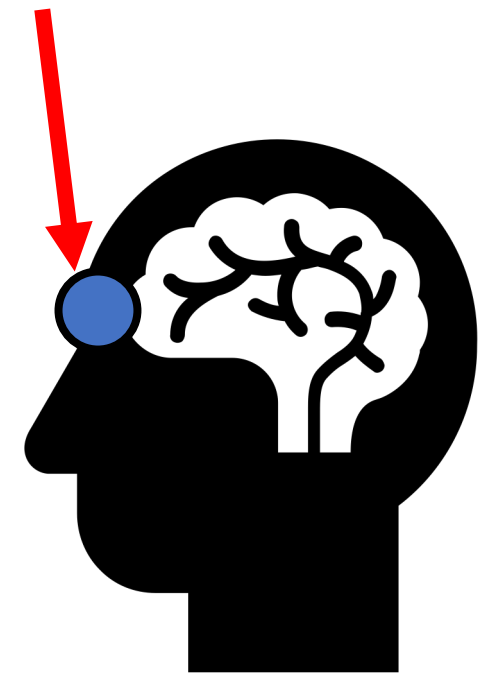
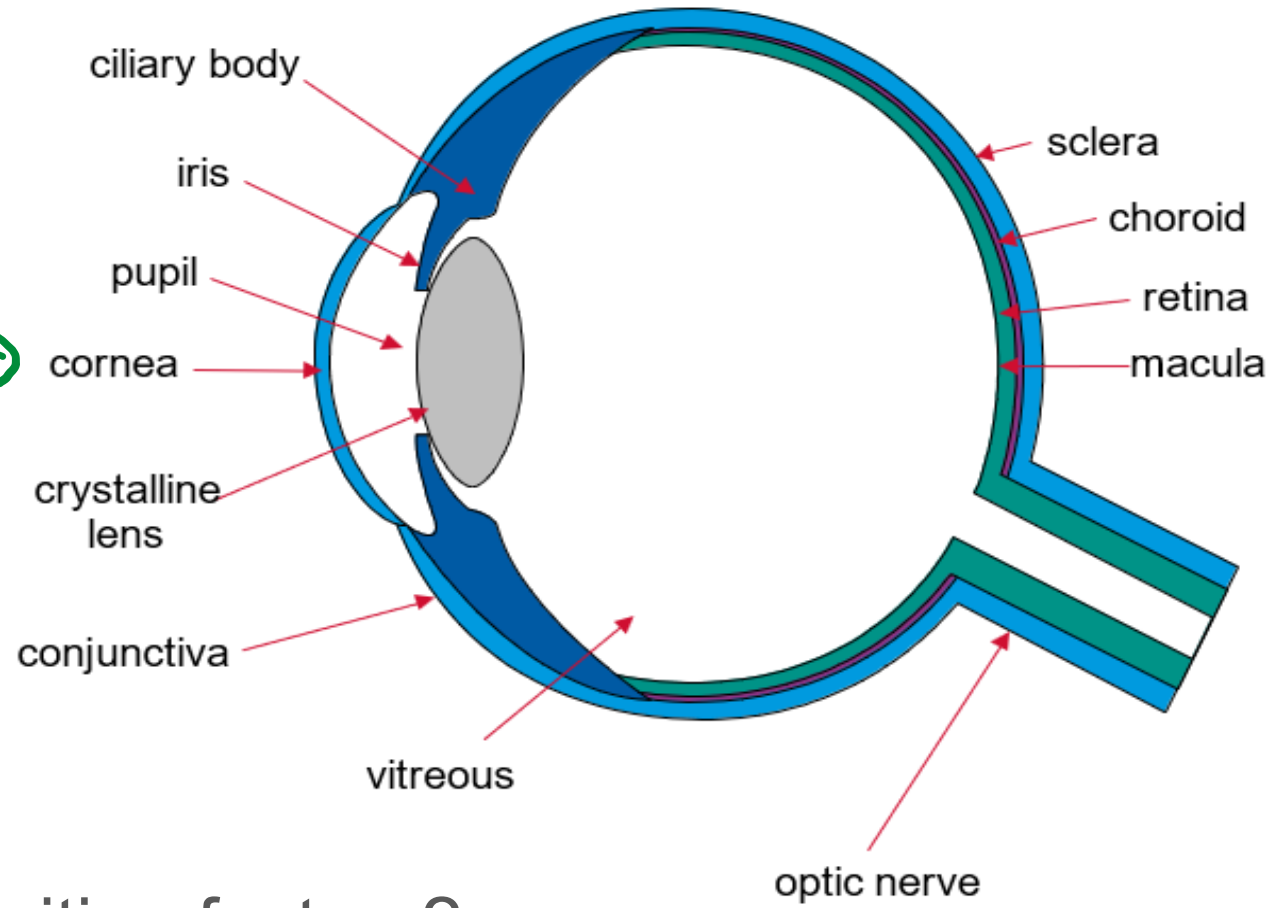
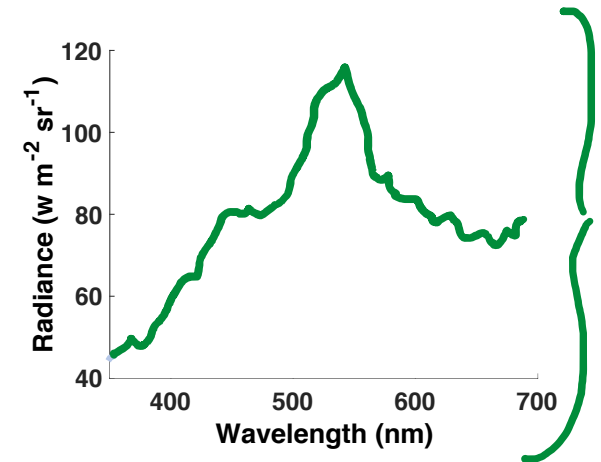




Stockman, A., & Brainard, D. H. (2015). Fundamentals of color vision I: color processing in the eye. In A. J. Elliot, M. D. Fairchild, & A. Franklin (Eds.), *Handbook of Color Psychology* (pp. 27–69). Cambridge University Press. <https://doi.org/10.1017/CBO9781107337930.004>



Lerman, S. (1980). *Radiant Energy and the Eye*. Macmillan.



Retinal image limiting factors?

1. Diffraction
2. Aberrations

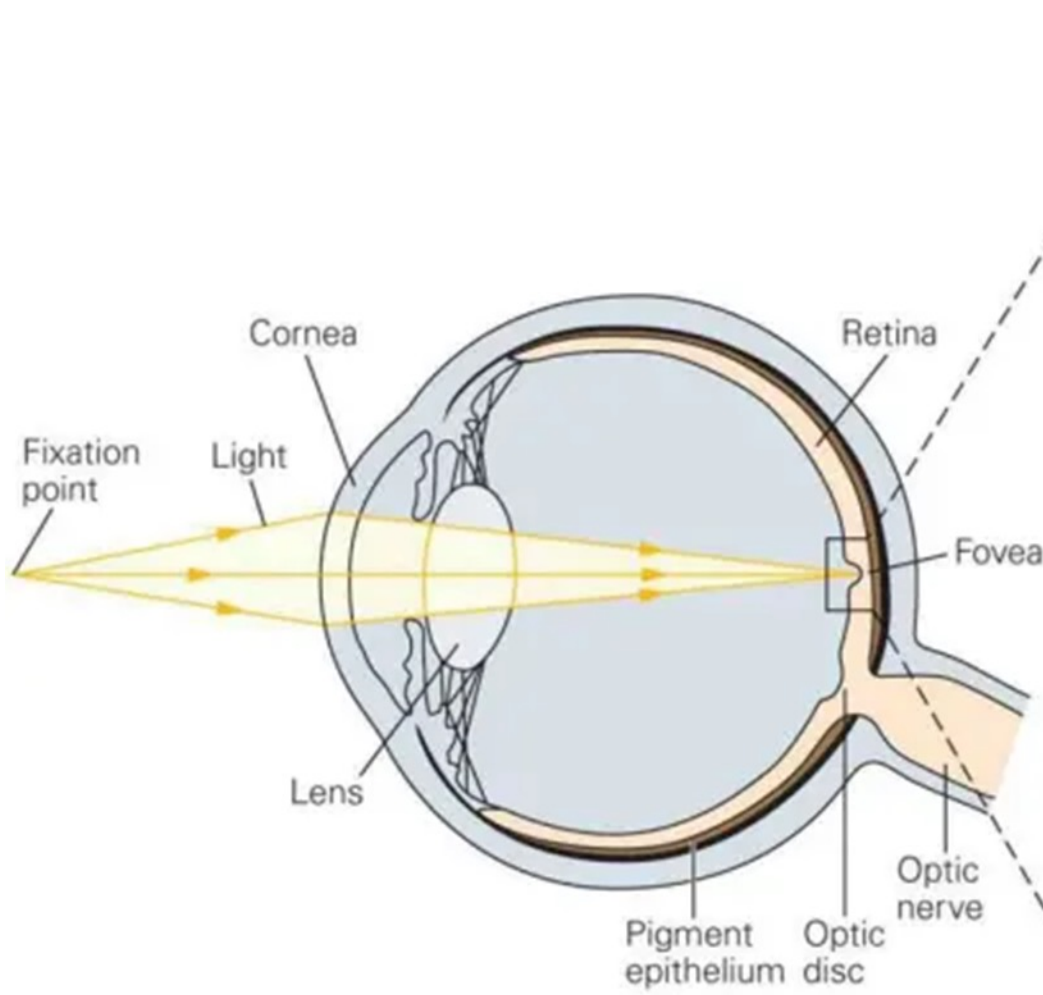
**How do we 'see' colour?**



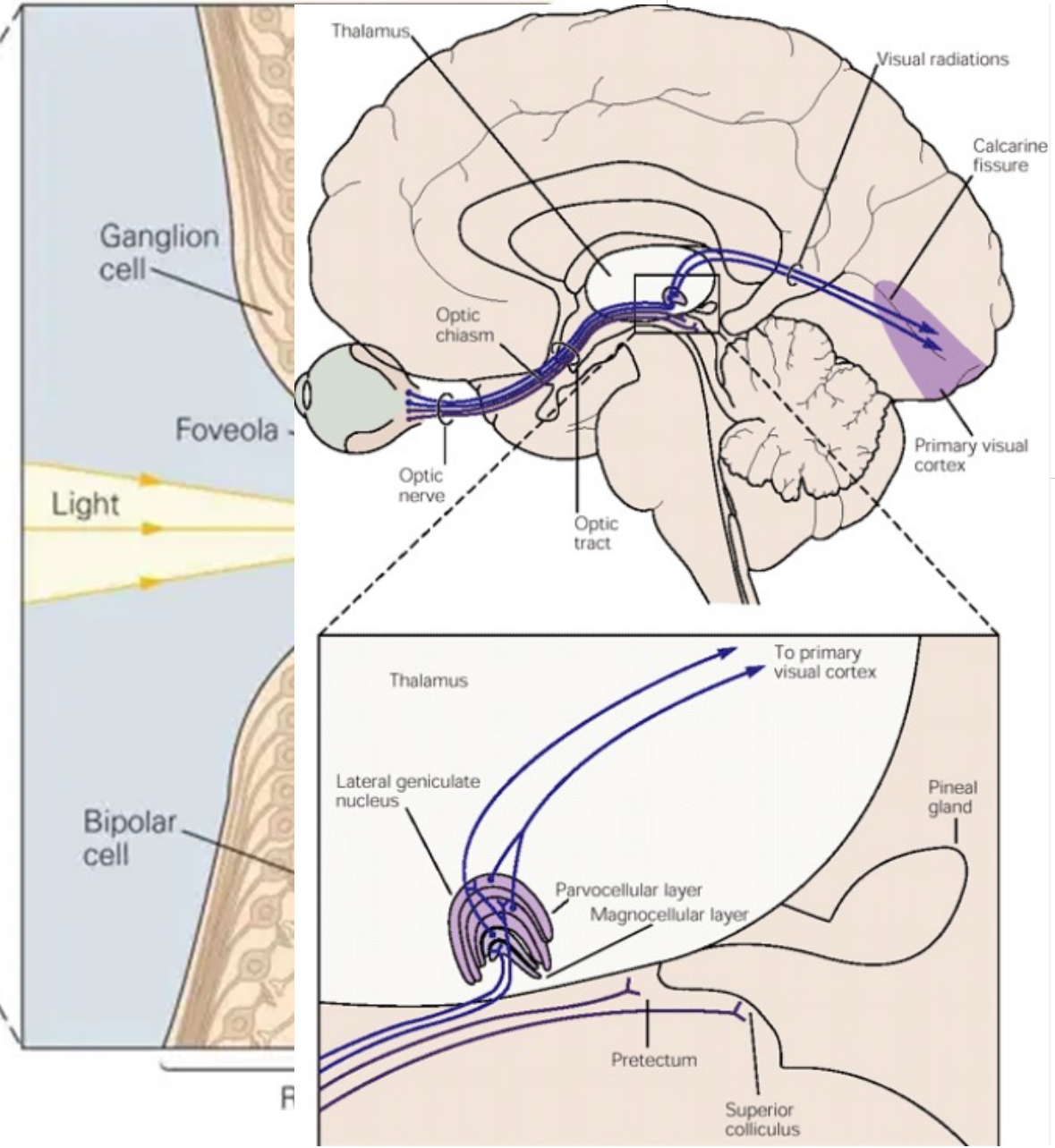
“The Cones of Dunshire.” *Parks and Recreation*, season 6, episode 9, NBC, 21 Nov. 2013.



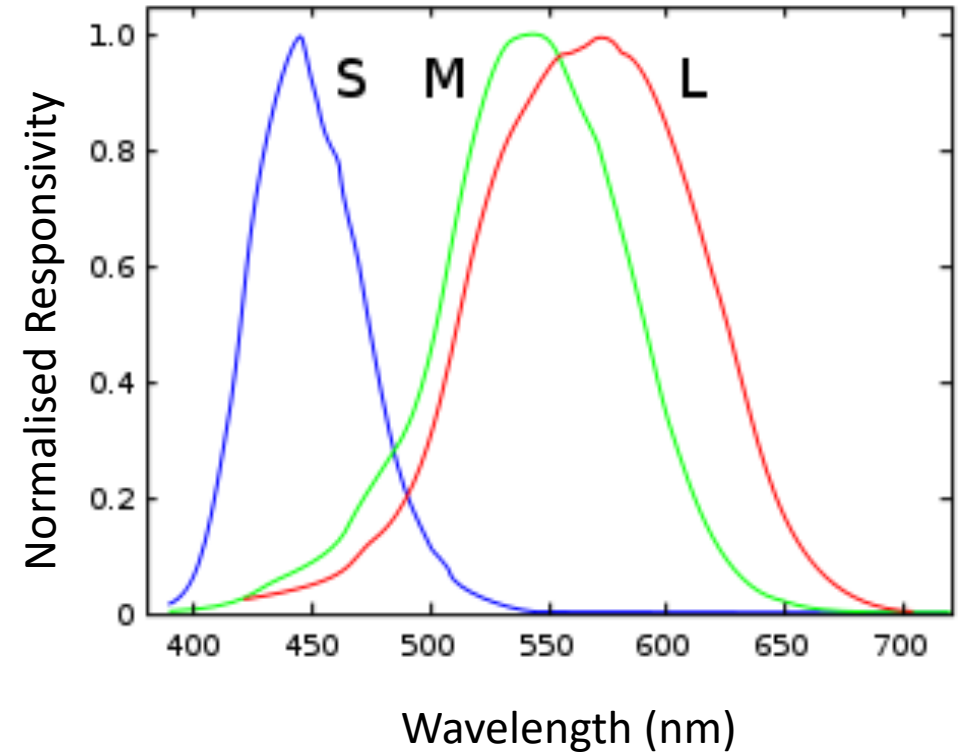
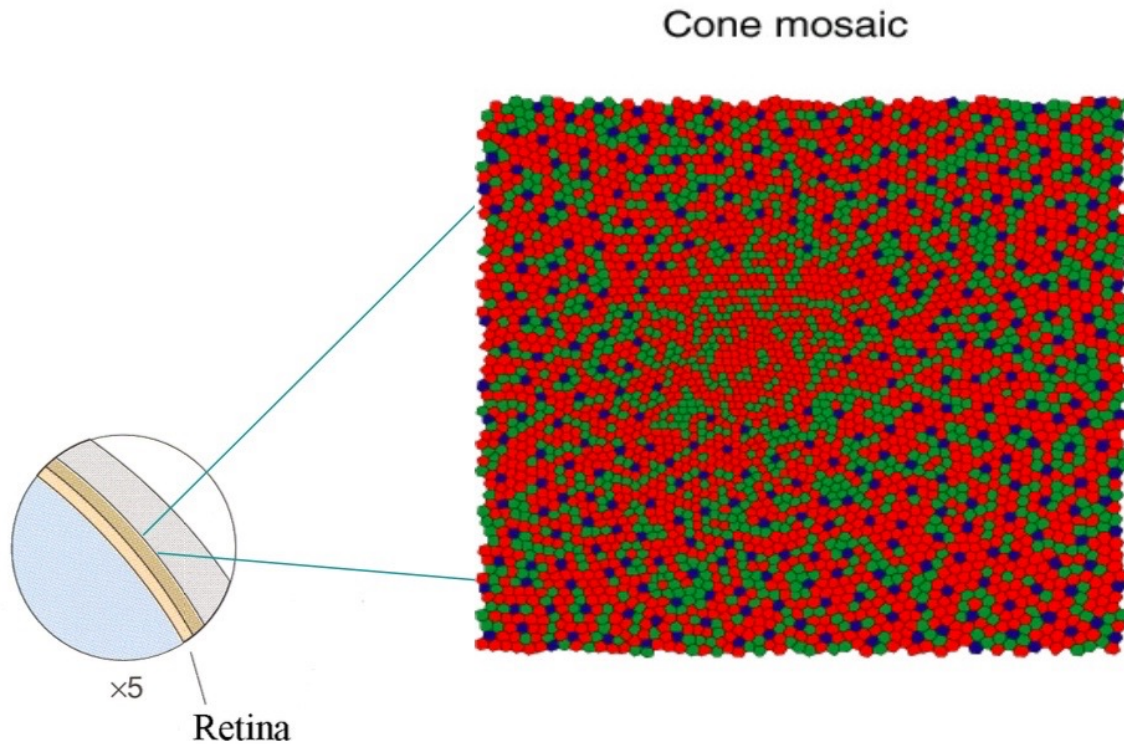
# receptoral colour vision



# post receptoral colour vision

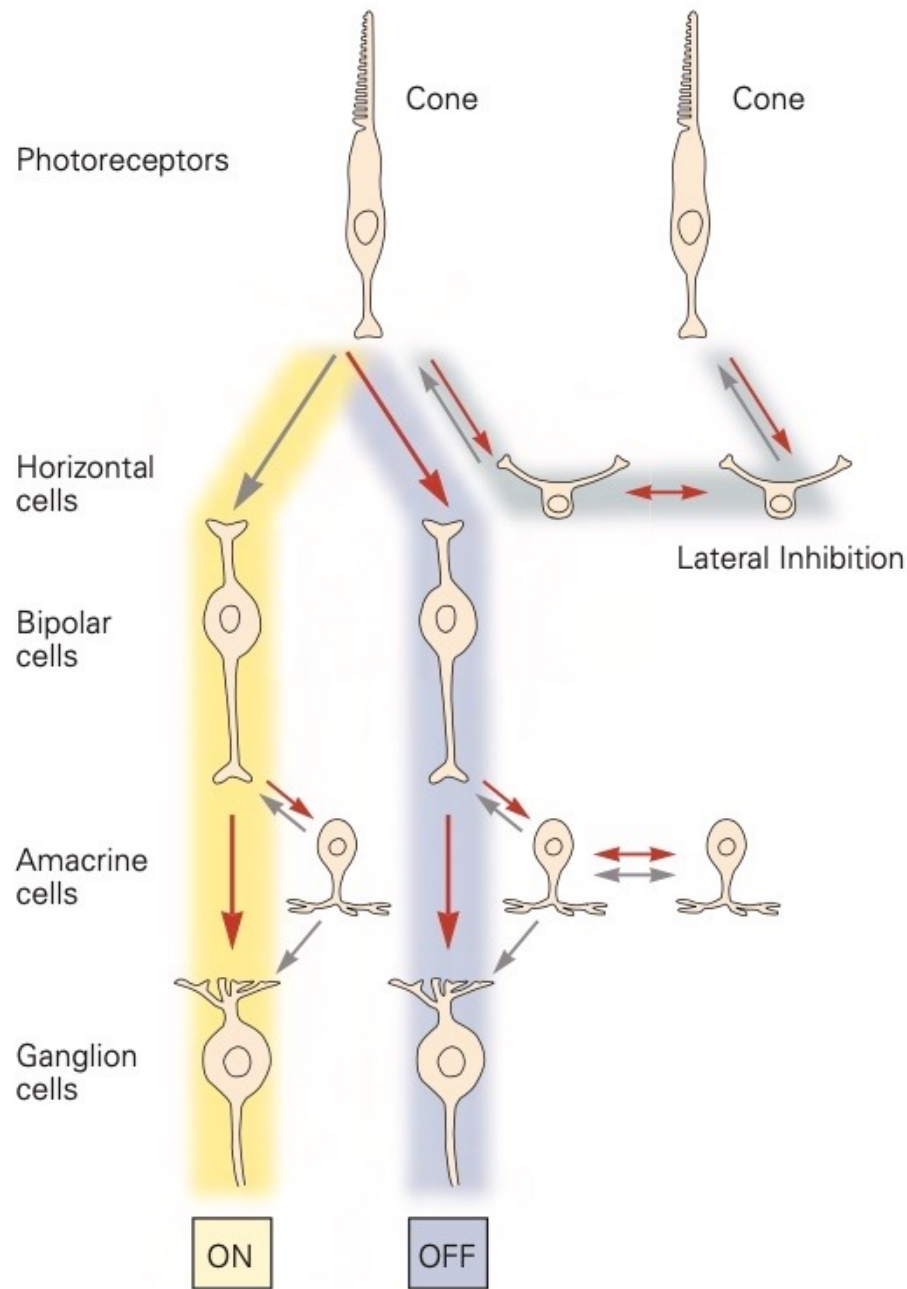


# Cone photoreceptors



Andrew Stockman 'Photoreceptors', ICVS Summer School 2020

*Normalised S-, M- and L-cone spectral sensitivities from Stockman & Sharpe (2000)*



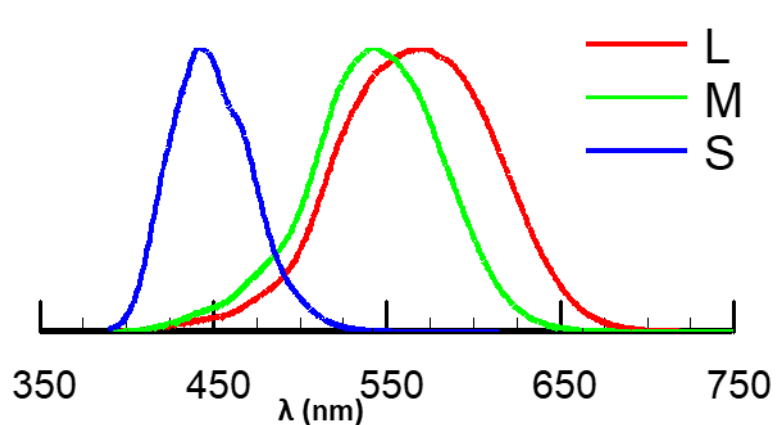
The L-, M-, and S-cone signals are processed into opponent channels

1. Red/Green (L vs M)
2. Yellow/Blue (S vs [L+M])
3. Luminance contrast (Black/White)

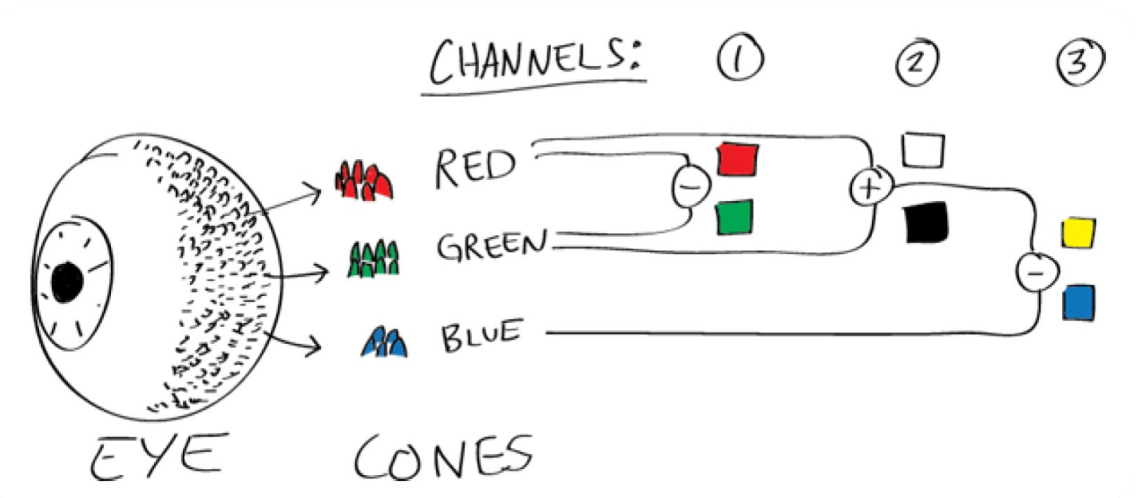


# Visual Information Channels

- Trichromatic at the receptor level + Rods
- Three opponent electrical signals at ganglion cell level
- Horizontal and Muller cells connect receptors and ganglion cells laterally within the plexiform layers and give rise to receptor fields and colour adaptation effects



Spectral Responsivity for a normal trichromat:  $\delta\lambda \sim 28$  nm

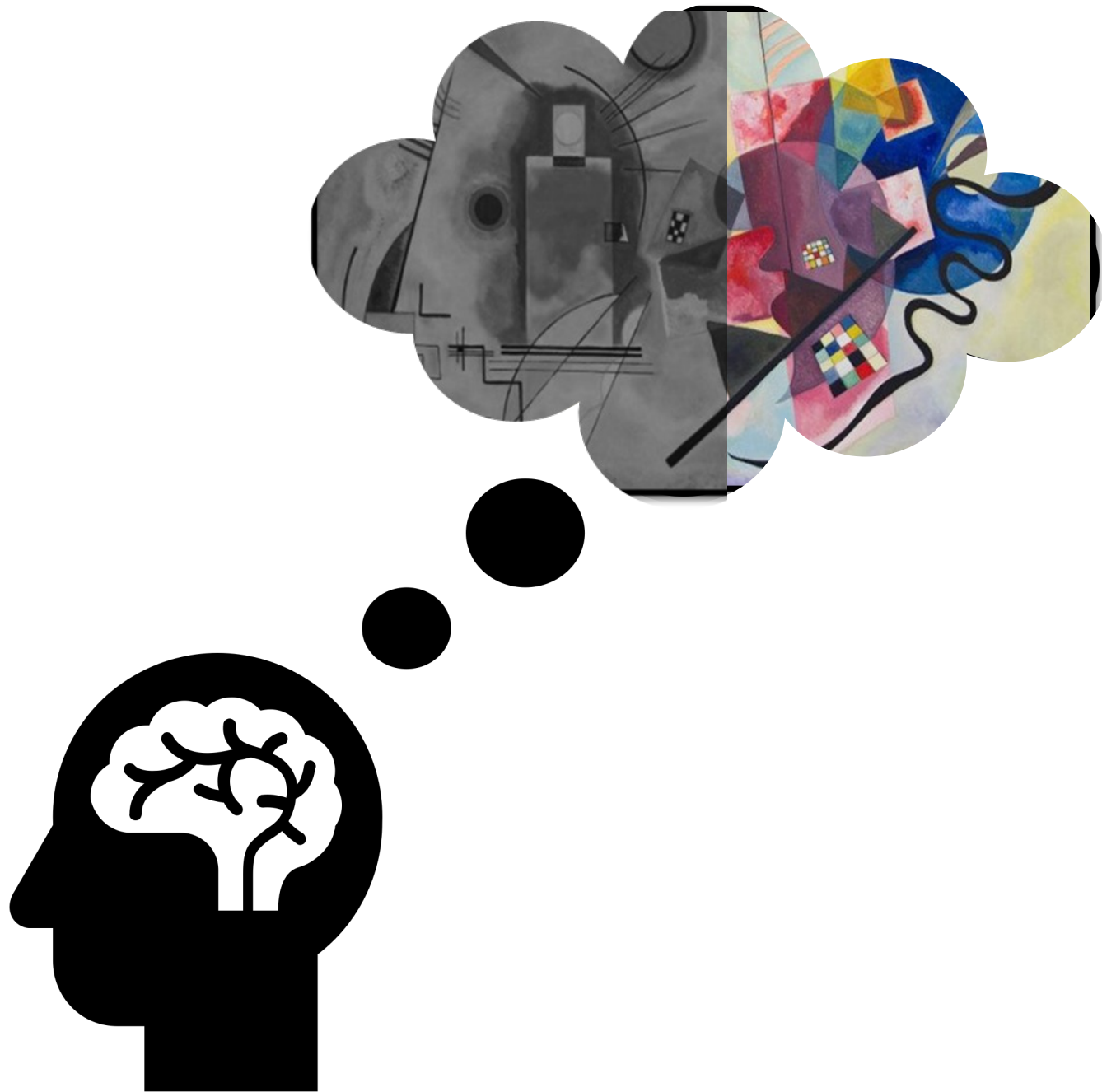


EYE CONES

# Overview

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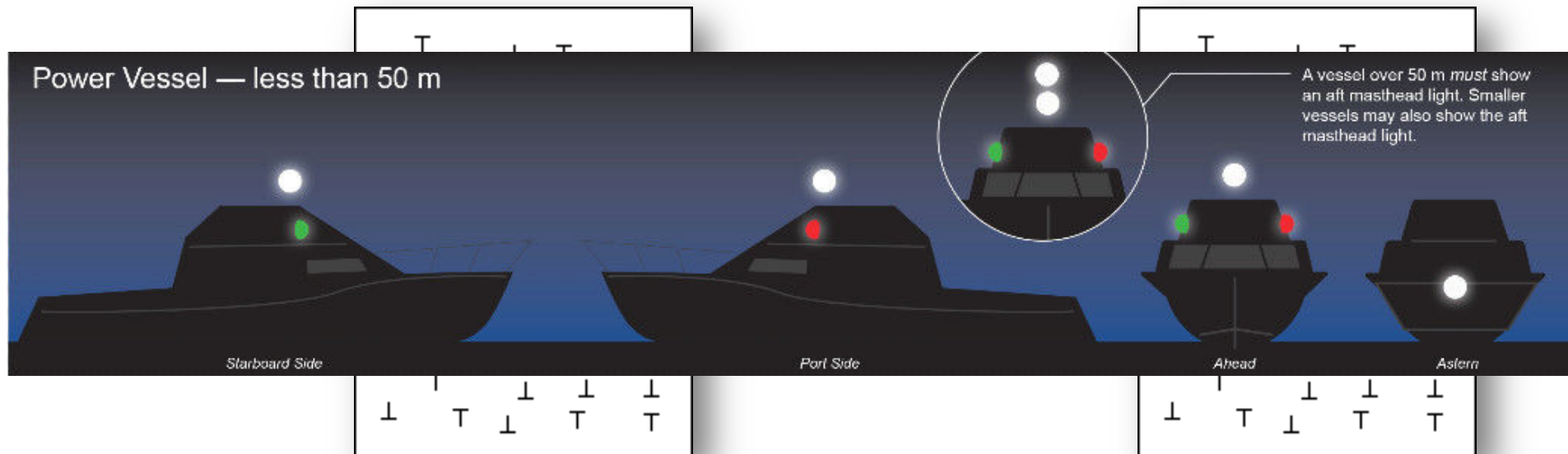
- How do we see colour?
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# The value of colour

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- Colour vision carries useful information that can greatly enhance visual performance
- In some visually demanding occupations, the use of colour signals is safety critical



# Colour

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- Colour vision carries useful information that can greatly enhance visual performance
- In some visually demanding occupations, the use of colour signals is safety critical
- Specific occupational requirements
  - Pilots, Air Traffic Controllers & Railways
  - Maritime & Coastguard Agency
  - Electricians
  - Police, Fire Service & Armed Forces

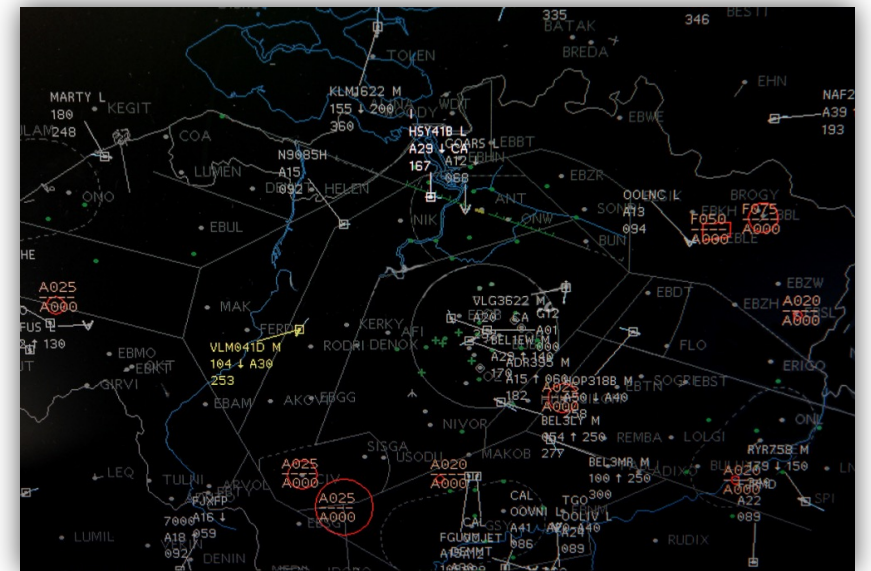


Image provided by Dr Marisa Rodriguez-Carmona

# Colour

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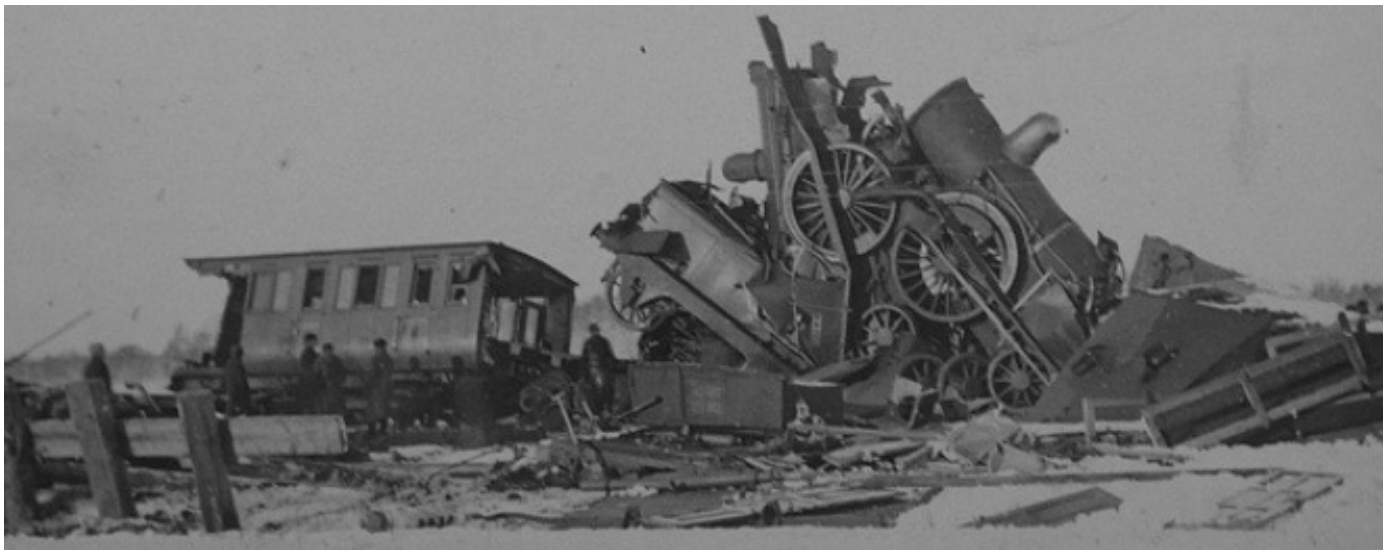




# Why occupational requirements?

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- Previous accidents
  - 1875 5<sup>th</sup> July – Steamship collision with a tug off the coast of Virginia
  - 1875 15<sup>th</sup> November – Train collision in Sweden near Lagerlunda
- Both attributed to colour ‘blindness’
- Solution? → Screen for normal trichromatic colour vision



*Mollon, J. D., & Cavonius, L. R. (2012). The Lagerlunda Collision and the Introduction of Color Vision Testing. Survey of Ophthalmology, 57(2), 178–194. <https://doi.org/10.1016/j.survophthal.2011.10.003>*

# Why occupational requirements?

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- 2002 FedEx plane crashed short of the runway
  - Prompting the National Transportation Safety Board (NTSB) to review their colour vision requirements for pilots



“The National Transportation Safety Board determines that the probable cause of the accident was the captain’s and first officer’s failure to establish and maintain a proper glidepath during the night visual approach to landing.

Contributing to the accident was a combination of the captain’s and first officer’s fatigue, the captain’s and first officer’s failure to adhere to company flight procedures, the captain’s and flight engineer’s failure to monitor the approach, **and the first officer’s color vision deficiency.**”

*National Transportation Safety Board. 2004. Collision With Trees on Final Approach, Federal Express Flight 1478, Boeing 727-232, N497FE, Tallahassee, Florida, July 26, 2002. Aircraft Accident Report NTSB/AAR-04/02. Washington, DC.*



# Overview

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- **Anomalous human colour vision?**
- How can we determine the colours somebody can see?

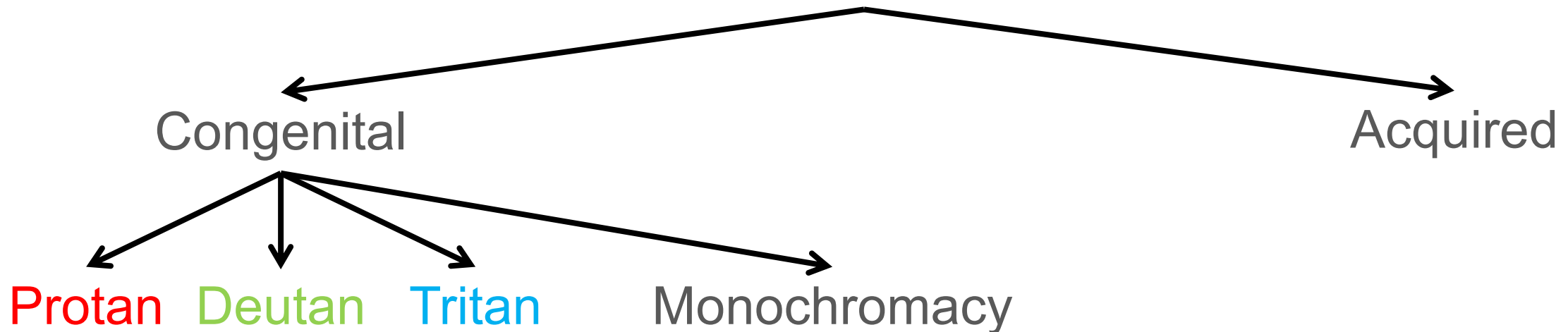
**How can human colour  
vision be abnormal?**

# Colour & Colour Vision Deficiency

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- At the first level of classification
  - Congenital/Acquired
- Congenital
  - Protan/Deutan/Tritan – depending upon the class of cone photoreceptor that is abnormal or absent

Colour vision deficiency (or colour deficiency)



Type of colour deficiency	Male (%)	Female (%)
Protanopia	1.01	0.02
Protanomaly	1.08	0.03
Deuteranopia	1.27	0.01
Deuteranomaly	4.63	0.36
Tritanopia	~0.2 (1 in 500)	
Number	45,989	30,711
Total prevalence (%)	7.99	0.42

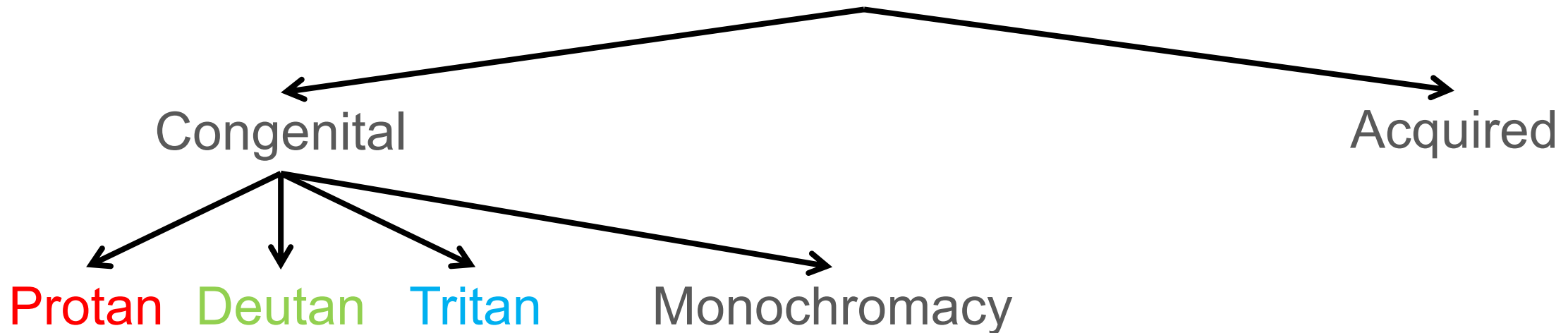
## How risk should be described in healthcare

Verbal description <sup>a</sup>	Risk	Risk description <sup>b</sup>
Very common	1 in 1 to 1 in 10	A person in family
Common	1 in 10 to 1 in 100	A person in street
Uncommon	1 in 100 to 1 in 1,000	A person in village
Rare	1 in 1,000 to 1 in 10,000	A person in small town
Very rare	Less than 1 in 10,000	A person in large town

<sup>a</sup> EU-assigned frequency <sup>b</sup> Unit in which one adverse event would be expected  
RCOG, 2015

Sharpe L, Stockman A, Jagle H, Nathans J. Opsin genes, cone photopigments, color vision and color blindness, in Gegenfurtner K, Sharpe L (eds) Color Vision. Cambridge, Cambridge University Press; 1999  
Simunovic, M. P. (2016). Acquired color vision deficiency. *Survey of Ophthalmology*, 61(2), 132–155. <https://doi.org/10.1016/j.survophthal.2015.11.004>

## Colour vision deficiency (or colour deficiency)



# Acquired Colour Vision Deficiency

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- Result of ocular or general pathology, intracranial injury or prolonged drug use
- Can originate anywhere in the visual pathway
- Can be an early symptom in some pathological conditions
  - Diabetes
  - Optic neuropathy
- When measured and monitored can be used to assist with medical diagnoses

Roy MS, Gunkel RD, Podgor MJ. Color Vision Defects in Early Diabetic Retinopathy. *Arch Ophthalmol*. 1986;104(2):225–228. doi:10.1001/archoph.1986.01050140079024

Green FD, Ghafour IM, Allan D, Barrie T, McClure E, Foulds WS. Colour vision of diabetics. *Br J Ophthalmol*. 1985 Jul;69(7):533-6. doi: 10.1136/bjo.69.7.533. PMID: 3874649; PMCID: PMC1040663.

# Acquired vs Congenital

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<b>Congenital Colour Deficiency</b>	<b>Acquired colour deficiency</b>
Present at birth	Onset after birth (after 3 months)
Type and severity the same throughout life	Type and severity changes with time
Visual acuity normal (except in monochromatism)	Reduced visual acuity and/or visual field defects
Easy to classify and diagnose the type of deficiency	Combines the characteristics of more than one type of congenital colour deficiency
Both eyes equally affected	Monocular differences in severity
Higher prevalence in males	Equal prevalence in males and females
Predominantly red-green	

# Overview

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- How do we see colour?
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- Anomalous human colour vision?
- **How can we determine the colours somebody can see?**

**How can we quantify  
human colour vision?**



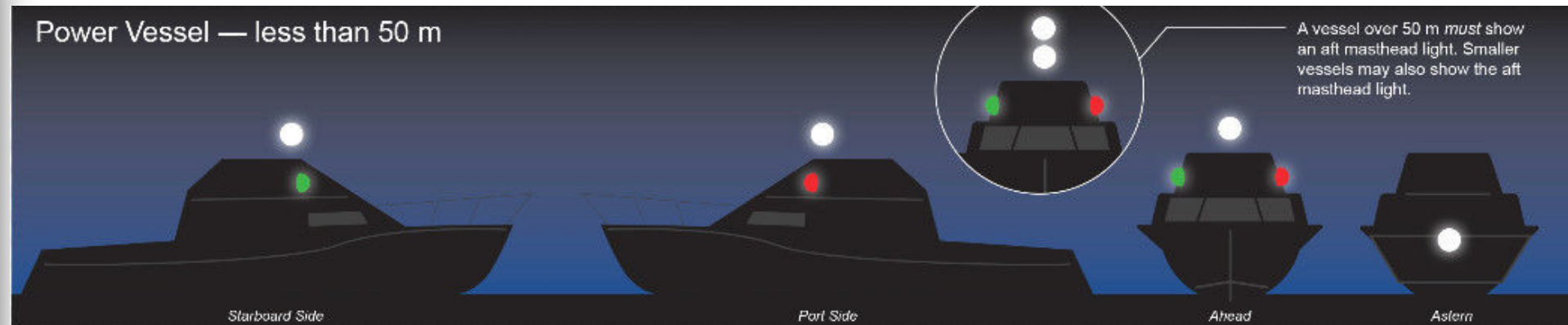
# The 'first' colour vision tests

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- [1684] Turberville – Colour naming
- [1798] Dalton (& [1837] Seebeck) – Colour ribbons
- [1877] Stilling – First pseudoisochromatic plate test



Holmes-Wright Lantern

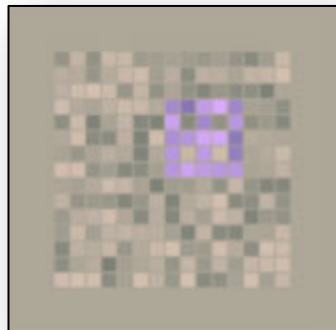


# Assessing Colour Vision

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There are 3 stages in assessing an individuals colour vision:

1. Screen for normal red/green and yellow/blue colour vision
2. Classify type of colour vision defect
3. Quantify severity of the red/green and yellow/blue colour vision loss/sensitivity loss



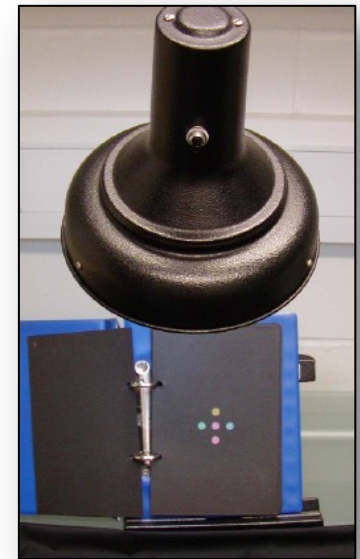
CAD test



Holmes-Wright Lantern



Nagel Anomaloscope

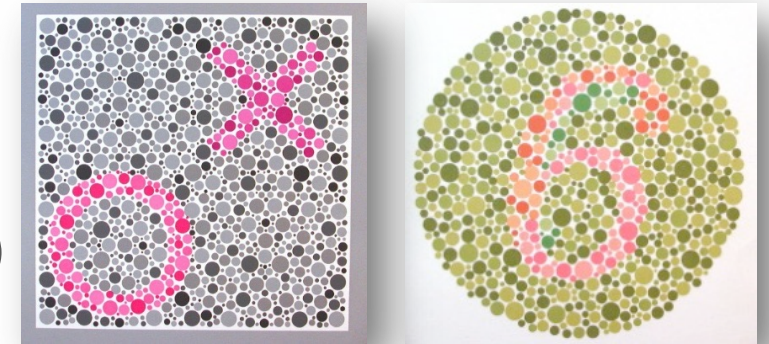


City University Test (2<sup>nd</sup> Edition)

# Colour Vision Assessment

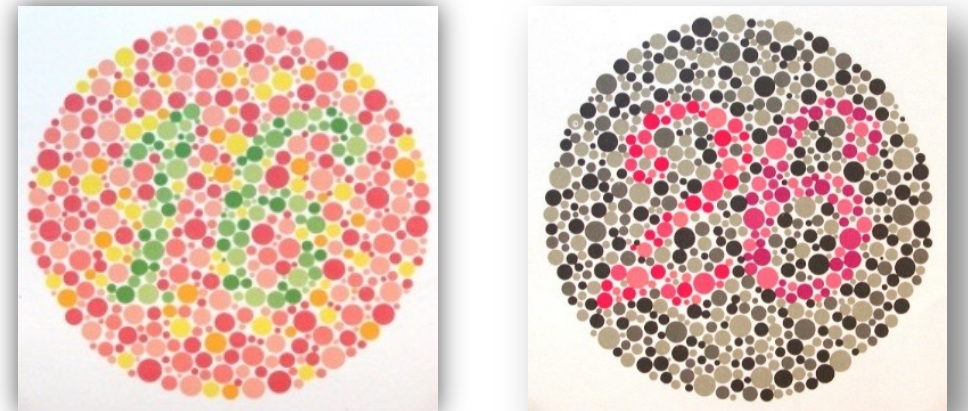
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- Pseudoisochromatic plates
  - Ishihara
  - American Optical - Hardy-Rand-Rittler (AO-HRR)



Examples of pseudoisochromatic plates (left: AO-HRR, right: Ishihara)

- Ishihara plate types [38 plate Ed.]
  - Introduction [1]
  - Transformation [2-9]
  - Vanishing [10-17]
  - Hidden digits [18-21]
  - Classification [22-25]



# Colour Vision Assessment

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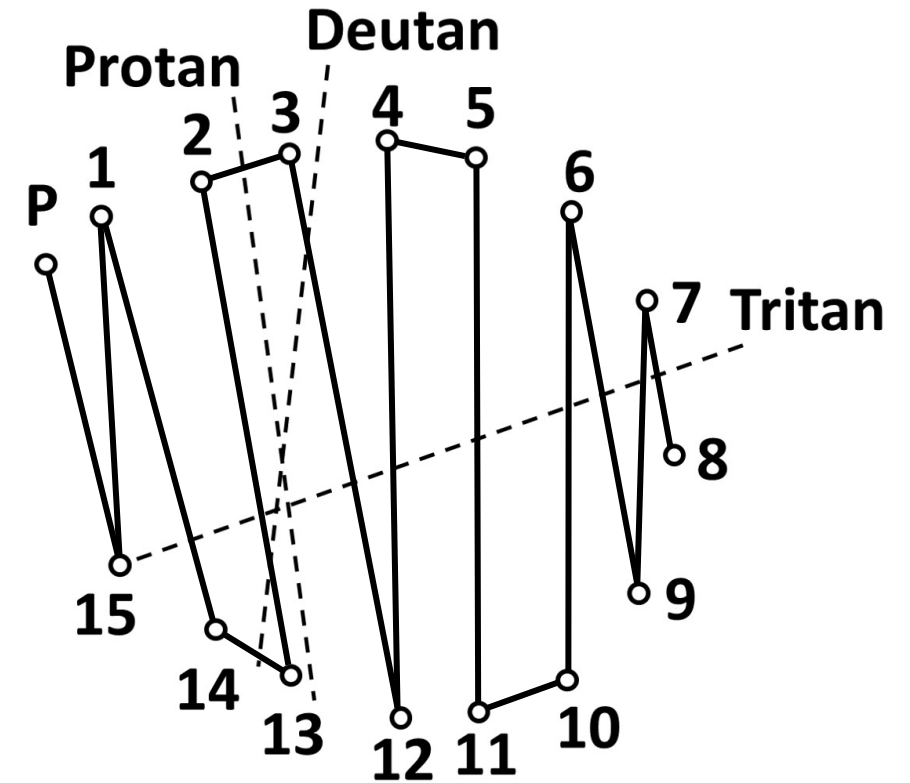
- Hue Discrimination
  - Farnsworth D-15
  - Farnsworth-Munsell 100 Hue
  - City University (2<sup>nd</sup> & 3<sup>rd</sup> Ed.)



# Colour Vision Assessment

- Hue Discrimination
  - Farnsworth D-15
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Normal

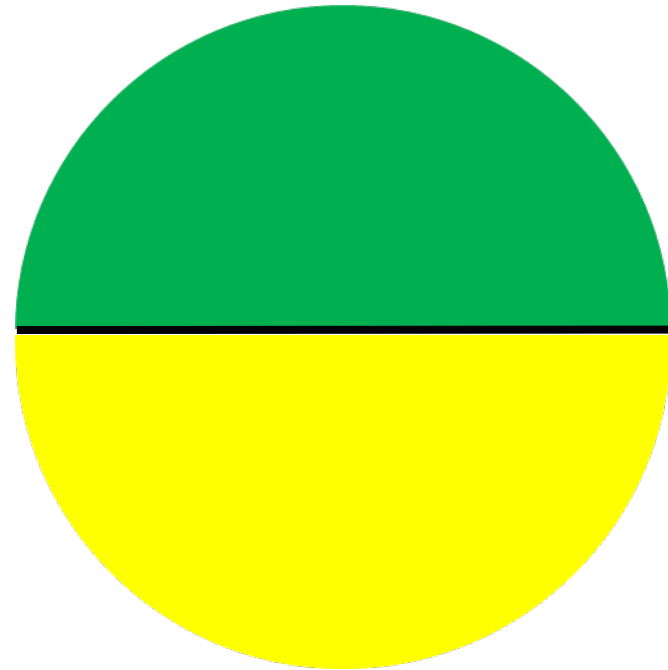
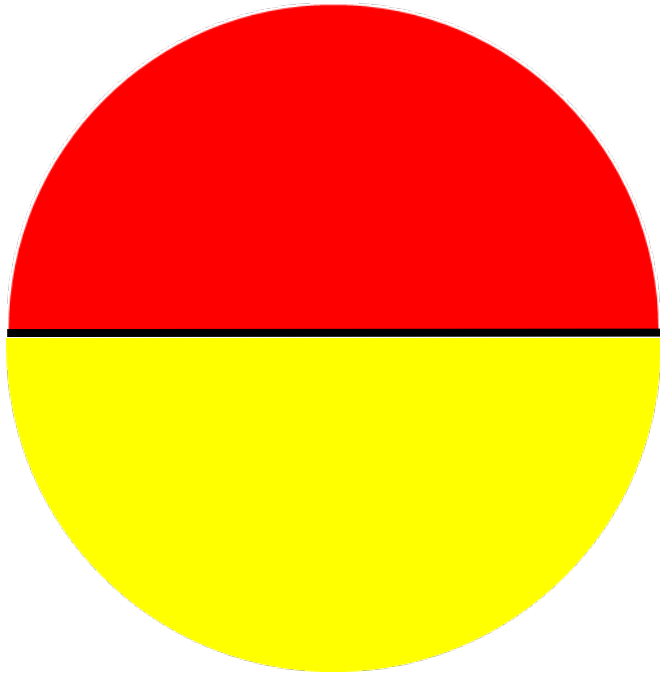


Farnsworth D-15 Results Diagram

# Colour Vision Assessment

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- Spectral Anomaloscopes
  - Rayleigh match

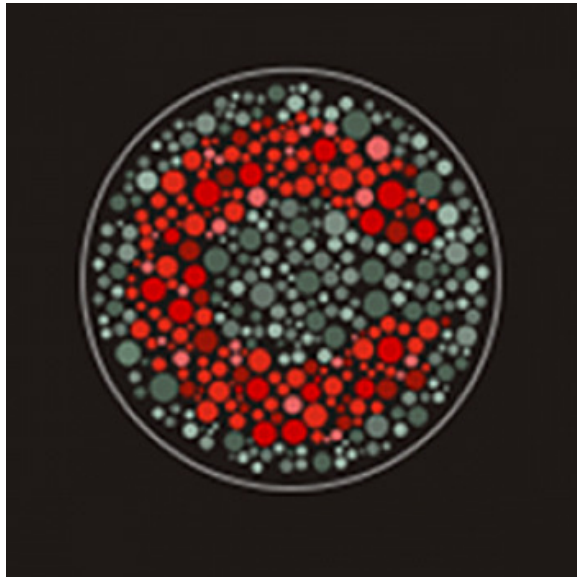




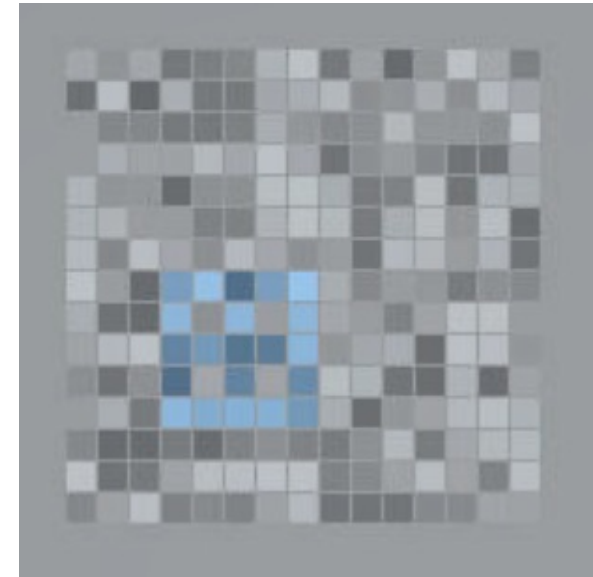
# Colour Vision Assessment

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- Computerised diagnostic tests
  - Colour Assessment & Diagnosis (CAD)
  - Cambridge Colour Test (CCT)



CCT



CAD test

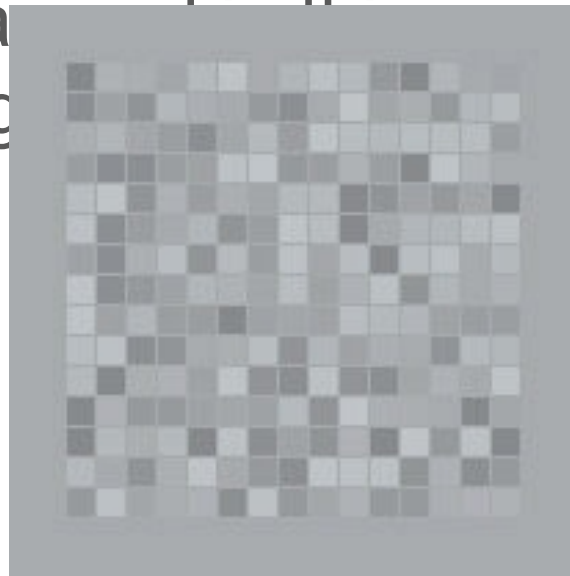
# Colour Assessment & Diagnosis Test

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- Measures both red-green and yellow-blue chromatic sensitivity
- Uses dynamic luminance contrast noise to isolate colour signals
  - Evidence for the independent processing of luminance and colour signals

[Barbur 2004, Barbur et al 1994, Barbur et al 1993]

- Colour thresholds measured using this test are proportional to the cone contrast signals generated by the coloured stimulus



Barbur, J. L. (2004). "Double-blindsight" revealed through the processing of color and luminance contrast defined motion signals. *Progress in Brain Research*, 144, 243–259. [https://doi.org/10.1016/S0079-6123\(03\)14417-2](https://doi.org/10.1016/S0079-6123(03)14417-2)

Barbur, J. L., Birch, J., & Harlow, A. J. (1993). Colour vision testing using spatiotemporal luminance masking. In *Colour Vision Deficiencies vol. XI* (pp. 417–426). [https://doi.org/10.1007/978-94-011-1856-9\\_42](https://doi.org/10.1007/978-94-011-1856-9_42)

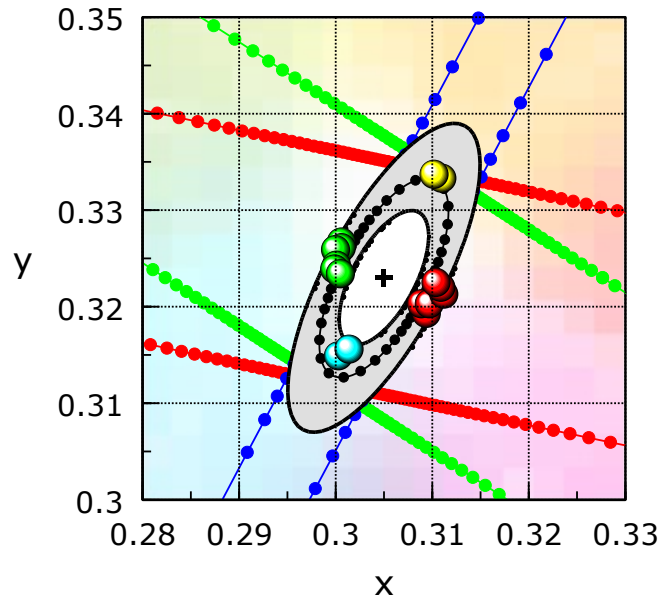
Barbur, J. L., Harlow, A. J., & Plant, G. T. (1994). Insights into the Different Exploits of Colour in the Visual Cortex. *Proceedings of the Royal Society B: Biological Sciences*, 258(1353), 327–334.

<https://doi.org/10.1098/rspb.1994.0181>



# Colour Assessment & Diagnosis Test

Normal trichromat

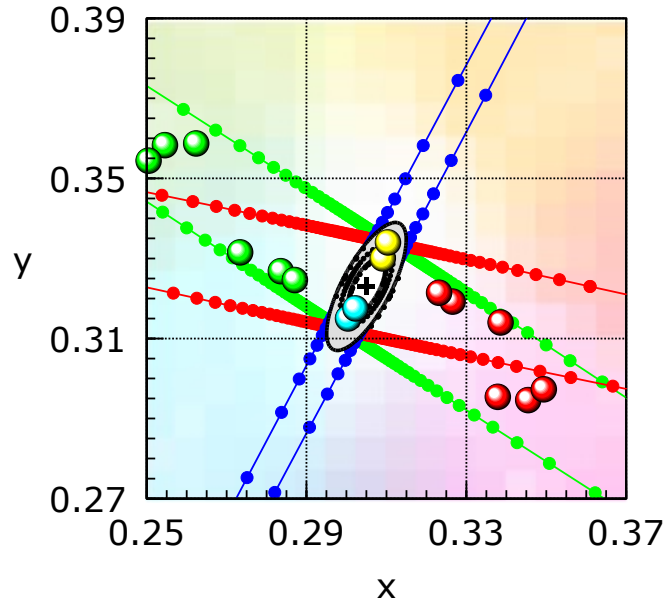


**CAD Thresholds:**

**RG = 1.22**

**YB = 1.09**

Deutan deficiency

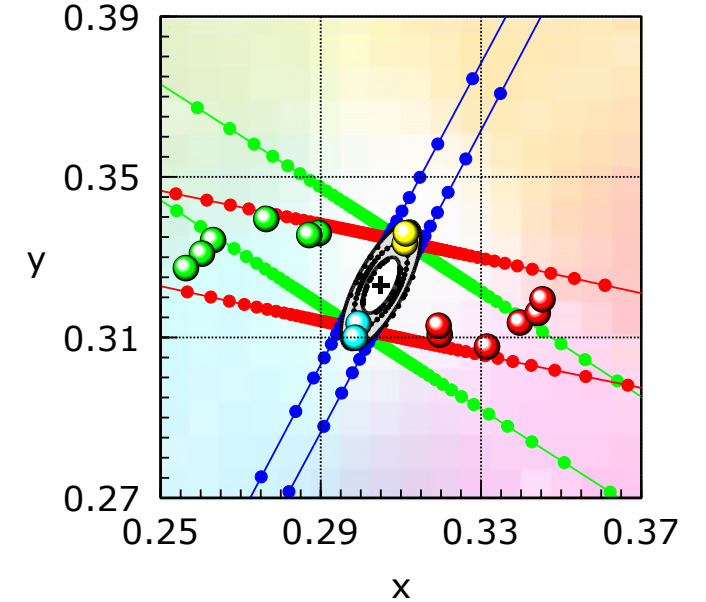


**CAD Thresholds:**

**RG = 11.72**

**YB = 0.81**

Protan deficiency



**CAD Thresholds:**

**RG = 9.12**

**YB = 1.17**

# Conclusions

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- I. The ability see and perceive colour is a product of a large number of parallel processes that occur in harmony
- II. The use of colour signals can significantly enhance visual performance and, as such, it's very useful to know if an individual can make use of colour signals
- III. There are many methods that have been designed for assessing human colour vision – they vary significantly in efficacy and ease of use!